

Dish:

This dish contains no peanut or tree nut products
(www.cais.org/familyhandbook#allergy)

1) This dish contains:

NONE OF THE FOLLOWING (current Lower School community allergens):

- | | | |
|-------------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Chickpeas | <input type="checkbox"/> Flax seed | <input type="checkbox"/> Peas |
| <input type="checkbox"/> Coconuts | <input type="checkbox"/> Garbanzo beans | <input type="checkbox"/> Sesame oil |
| <input type="checkbox"/> Crab | <input type="checkbox"/> Kiwi | <input type="checkbox"/> Sesame seeds |
| <input type="checkbox"/> Dairy | <input type="checkbox"/> Lobster | <input type="checkbox"/> Shrimp |
| <input type="checkbox"/> Eggs | <input type="checkbox"/> Loquat | <input type="checkbox"/> Strawberries |
| <input type="checkbox"/> Fava beans | <input type="checkbox"/> Mango | <input type="checkbox"/> Watermelon |
| <input type="checkbox"/> Fish | <input type="checkbox"/> Mustard | |

Plus:

- Latex
(please note here if you have handled the food in your dish with latex gloves)

2) Please also list all ingredients used:

CAIS_LOWER SCHOOL_Food_Label_blank_2018-09-17.pdf

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