

Register at:
SchoolFoodies.com

Registration Codes:
CAIS-K to 4th: CAISFSA
CAIS 5th: CAIS5
CAIS ECD: CAIS-ECD



CAIS Parents,

SchoolFoodies is pleased to be your chosen lunch provider again for the new school year. Our popular meals feature a number of key benefits for active growing kids:

- We follow the EWG's Shopper's Guide to Pesticides methodology to reduce potential produce pesticide exposures up to 92%
- Breads are sourced fresh from local bakeries
- Dairy comes from Petaluma based Clover Stornetta and is rBST free
- Many meals are cooked from scratch with ingredients from local purveyors, organic when possible.
- Our meal trays are made from wheat straw fiber and certified compostable

All lunches include a hot or cold entrée, fresh seasonal fruit & vegetables. We offer 10-14 daily meal options per day.

You can expect many delicious options such as:

- *Gourmet Pizzas, Hamburgers, Asian, Indian, Italian and Mexican Fare Items Served Every Week*
 - *Handmade Bean & Cheese or Beef Burritos, Soft Tacos, Enchiladas*
 - *Chicken & Vegetable Chow Mein, Fried Rice, Pot Stickers*
 - *Indian Rice with Chickpeas, Yellow Chicken Curry*
 - *Baked Chicken Tenders, Twice Baked Potatoes, Chicken Pot Pies*
 - *Rocky Free Range Chicken Specials with Organic Vegetable, Teriyaki, Pollo Asado, Chicken Parmesan*
 - *Seasonal Fare such as Shepherd's Pie, Roasted Pork Loin & Stuffing, Hearty Soups*
- *Gourmet Cold Items Served Every Week*
 - *Turkey & Bacon Hoagie, Roast Beef Sandwich, SunButter and Jelly*
 - *Ranch Turkey Wrap, Turkey Cranberry Pinwheels*
 - *Taco Salad with Chicken, Caprese Salad, Safe Catch Tuna Salad on Mixed Greens*
 - *Assorted Finger Foodie Meals: Pita & Hummus, Cold Cuts and Artisan Cheeses, Safe Catch Tuna & Wheat Crackers*

To view a brochure and menu [click here](#).



How do I order?

- 1) Visit www.SchoolFoodies.com . Click “Register” and create your account.
- 2) Proceed to “Add Student.” You will need your school’s registration code, which is listed at the top of this flyer.
- 3) Proceed to the “Order Policy” for important ordering details.
- 4) Proceed to “New Order” and place the orders on the days you wish and checkout.
- 5) Use “Manually Select” to place orders for a few days or weeks. Use “Auto Select” to order for 1 or 2 months at a time. Please see the Ordering Policy to learn more about using Auto Select.

Online orders are due by 9 a.m. 3 days prior to the date of service. For example, the online order deadline is Friday at 9 a.m. for Monday service, Saturday at 9 a.m. for Tuesday service, Tuesday at 9 a.m. for Friday service, etc. An emergency meal option is available to order online up until 5 a.m. on the same day of service.

Need to cancel or change a lunch? Login into your account and select Modify Order to cancel or change meal selections. The deadline to cancel/change a prior order is the same as the order deadline. However, you can call or e-mail to make changes after the deadline. Simply e-mail or call us with your request up until the day of service for full credit.

We look forward to serving your family! If you have questions, or needs contact us at contact@schoolfoodies.com, or 510-556-8900. SchoolFoodies a nut-free facility.

Want to place orders on the go? Download our mobile app by clicking on the appropriate logo below.

After the download is complete please enter “schoolfoodies” as the caterer code.

You can then proceed to login using your existing account, or create a new account.

Download our Mobile App





Menu Overview

Weekly Favorites

Hot Off the Grill
 Hamburger, Cheeseburger, Specialty Burger
 Grilled Hot Dog
 Grilled Cheese, Provolone Melt
 Breaded Chicken Sandwich, Specialty Chicken Sandwich
 Santa Fe Veggie Burger

Gourmet Pizzas
 Cheese, Pepperoni, Sausage, Hawaiian Combination

Pastas with House Made Sauces
 Bolognese, Marinara, Butter & Parmesan

Grande Burritos
 Beef & Cheese, Bean & Cheese, Breakfast
**Served a la Carte Wrapped in Foil*

Cafeteria Classics
 Mac & Cheese
 Baked Chicken Tenders
 Pretzel and Corn Dogs Bites
 Grilled Chicken & Veggie, or Vegetarian Pot Stickers

Breakfast for Lunch
 Buttermilk Pancakes, French Toast Sticks, Omelets, Sandwiches

Deli Favorites
 Turkey & Bacon Club on a Hoagie Roll
 Black Forest Ham & Cheddar on Sourdough
 Turkey & Cheddar on Wheat
 Roast Beef and Provolone on a Hoagie Roll
 Tuna or Egg Salad Sandwich
 Ranch Turkey Wrap
 Turkey Cranberry or Turkey Pesto Pinwheels
 SunButter and Jelly on Wheat
 Salami on Sourdough
 Cinnamon Raisin or Wheat Bagel with Cream Cheese
 Fresh Berry and Granola Yogurt Parfait
 Cheese, Fruit, Salami & Turkey or Egg Plate with Grapes

Hand Rolled Sushi
 California, Cucumber & Avocado Rolls

Customizations
 Meals can be Customized to be Gluten-Free, Dairy Free and More
 Optional Grass Fed Beef, Organic Chicken for Select Entrees

Rotating Monthly Specials

Asian Fare
 Chicken or Vegetarian Chow Mein
 Chicken or Tofu Teriyaki Rice Bowls
 Chicken or Vegetarian Fried Rice

Italian Classics
 Ricotta Stuffed Pasta Shells with Choice of Sauce
 Beef or Garden Lasagna
 Eggplant Parmesan, Three Cheese Ravioli
 Specialty Calzones, Meatball Sub

South of the Border
 Chicken, Beef, Carnitas, Bean & Cheese Soft Tacos
 Spicy Chicken Flautas, Specialty Burritos

Savory Favorites
 Twice Baked Potatoes
 Lemon Herb Roasted Chicken Drumsticks
 Chef's Famous Turkey Meatloaf
 Shepherd's Pie
 Grilled Turkey Pesto Harvarti Melt
 Grilled Black Forest Ham Provolone Melt
 Egg Frittata, Breakfast Sandwiches
 BBQ Riblets
 Turkey Pot Pie
 Three Bean Chili, or Beef Chili

Scratch Made Soups
 Minestrone, Tortilla, Tomato, Corn Chowder,
 Baked Potato, Chicken Noodle, Broccoli Potato

Fresh Garden and Pasta Salads
 Caesar Salad with Grilled Chicken
 Tortellini Pasta Salad
 Spinach, Egg & Mandarin Salad
 Organic Mixed Greens with House Tuna Salad
 Organic Garden Salads
 Taco Salad with Grilled Chicken
 Mild Buffalo Chicken Salad
 Santa Fe Chicken Salad
 Pesto Pasta Salad with Chicken
 Chef Salad with Turkey, Ham & Egg
 Chinese Chicken or Tofu Salad with Crunchy Mein Noodles

All Meals Include Seasonal Fruit and Veggies
All Meats and Dairy are Hormone Free

ADDITIONAL SIDES	
Snacks	Drinks
Gogurt Strawberry Yogurt	Clover 2%, 1% Organic, Whole, FF Chocolate, Soy Milk
Santa Cruz Organics Apple Sauce	Izze Sparkling Clementine
Carrot Sticks or Shelled Edamame	Naked Juice Berry Blast
Smart Foods White Cheddar Popcorn	Apple and Eve Organic Apple Juice
Assorted Pop Chips and Sun Chips	Mixed Berry Juices
Sea's Gift All Natural Roasted Seaweed	Spring Water
Sabra Classic Hummus & Pretzel Crisps	Desserts
Sabra Guacamole & Tostitos Rolled Corn Chips	House Baked Chocolate Chip Cookie
Annie's Organic Whole Grain Graham Bunnies	House Baked Apple Cinnamon or Blueberry Muffin
Bagel Chips and Cream Cheese Dip	Kozy Shack Real Chocolate or Gluten Free Vanilla Pudding

Menu May Not Reflect School Restrictions - Menu Subject to Change - Our Service is Nut Free

845 Central Ave, Alameda, CA 94501

Direct: (510) 556-8900 E-mail: contact@schoolfoodies.com